

Emergency First Aid

Course Duration : 1 day

This is an Advanced course

Who should attend:

- Emergency first aid training courses are suitable for anyone who may find themselves in a position that requires them to take charge of an incident requiring first aid assistance.

The Course content:

- Understand the role of the first aider including reference to the use of available equipment and the need for recording incidents
- Understand the importance of basic hygiene in first aid procedures
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency.
- Administer first aid to a casualty who is unconscious and/or in seizure.
- Administer CPR
- Administer first aid to a casualty who is wounded or bleeding and/or in shock
- Administer first aid to a casualty who is choking.
- Provide appropriate first aid for minor injuries.

Course recognition:

This course meets the recommendations of ILCOR, ERC and the UK Resuscitation Council guidelines 2010 and is fully HSE approved under ITG approval number 38/10 and meets the requirements in the First Aid at work regulations 1981 (revised October 2009)

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IOSH Accredited Course

For more information visit www.enrightaccess.co.uk